

Daily Devotional, July 9, 2020 You Are Loved—Unconditionally!

“The LORD appeared to us in the past, saying: “I have loved you with an everlasting love; I have drawn you with unfailing kindness.” [Jeremiah 31:3](#)

Every single one of us was crafted by God to love and be loved. Because we have been crafted for love in God’s image, I suppose we’re all desperate for love—to love and be loved. And because of our desperation, it’s remarkable what we’ll do to try and obtain it.

We try to obtain love by being slimmer, more intelligent, even kinder. We try to get it by building stronger, more shapely bodies, or by accumulating more wealth. Others try to get love by building the most exceptional resume, the most stylish wardrobe, or the most lavish home.

Unfortunately, in our quest to find love, we settle for acceptance, a substitute that feels like love. Likewise, we may make the mistake of trying to get love in many ways that just do not work.

If by the world’s standards, you happen to be beautiful, or if you have heaps of money, you may attract extra attention. You may get caresses that make you feel more attractive or more important. You may feel supported and appreciated.

But the truth is, you’re spinning your wheels if you feel that you can experience a true sense of worth or peace through your achievements, success, good looks, or in manipulating others by being nice.

If you try to obtain the love you require through these irrelevant means of relating, you will forever find yourself in a state of anxiety, and you will never be able to feel at peace. And why is that? Because, you will constantly feel the need to prove your value by way of something beyond yourself, one more time—and then another. You’ll feel the relentless stress to stay beautiful, grow your wealth, or always have the best spouse and kids, in order to feel loved.

Inevitably, this pursuit will only bring insecurity, unrest, and fear. To truly experience the love you so much desire, you simply need to know and accept this one thing: *you are already loved*. Nothing can change this truth. It’s unchangeable, just as God Himself is unchangeable.

If you are beautiful and feel good about yourself, wonderful! You have been gifted. But you don’t need to chase after your worth through your looks.

If God has gifted you with riches, wonderful! But you don’t need to tie your personal worth to money.

If you have a fabulous occupation in which your skills are lauded and your co-workers admire you, great! But your sense of worth does not need to be harnessed to your achievements.

Why? Because you are already loved. You are already valuable. You already have what you have been chasing.

That’s it. End of story. You have already been embraced by God’s unconditional love, and it began even before you were born.

When you embrace the truth that you are loved, you can breathe a sigh of relief. No more fear. No more chasing. Only peace of mind, because nothing can take away the truth that you are loved or that you have immeasurable value. What great news!

What do you do to try to prove that you are worthy of being loved? Talk with the Lord about this and see what He says to you about your value. And then believe it! God does not lie!

Prayer: Lord, I am so grateful that I am loved and that nothing can take away that truth. I find rest when I know I am loved. No more chasing after things that I place false value on. Thank you, Lord for your everlasting love. Amen.
