

Daily Devotional, July 30, 2020 How Blessed I Am!

“This is the day that the Lord has made; let us rejoice and be glad in it.” Psalms 118:24, (NRSV)

The only reason you have breath this morning is that the Lord provided it. The only reason you opened your eyes is that He blessed you to open them. The only reason that you have a roof over your head, a warm bed to sleep in and a breakfast to start your day is because God continues to rain goodness on you out of God's care.

If you were to consider just how blessed you are to have been blessed with life, you will realize how wonderfully precious life is. When you humbly think that out of the thousands of people that *didn't* wake up, that will not take another treasured breath, but you did, you might realize how precious life is and be thankful. Regardless of what you face in life each day, a life lived filled with thankfulness outweighs your concerns and puts them in their proper place.

Today, stop a moment and occupy your heart with the blessing of life itself and praise God for being so gracious. Rejoice, and be glad. No matter what you have, no matter how much you feel that you lack, some people out in this world, possibly many, would immediately trade you for your health, your right mind, your eyesight, your family, your peace in Christ: they would trade you for every ounce of wealth they have and then some, because life weighs in as the greatest blessing that any one of us could ever know.

No matter what you are going through during this season of covid-19, whatever anxiety, loneliness, fear, depression, or weariness, as long as you have breath, there is always hope. God has graciously extended to you, life for today—so He must also desire that you live it! Stop looking at life as a major disappointment, and instead look at it as the true blessed gift that it really is. Thanks be to God!

But godliness with contentment is great gain. 1 Timothy 6:6 (NIV)

Prayer: Father, I praise You for the blessing of life. You gave me life today, and I will rejoice. I am alive! Therefore, You want me to live! Help me to trust that You will handle all of my concerns as You have always done, even those times when I am too blind to see it. May I not always be found searching for a blessing, and instead to open my eyes, for I often forget that I am already blessed. Thank You, Lord! In Jesus' name, Amen!