

**Interfaith Service Trip – Suggested Packing List
E St Louis, IL, July 17-21, 2019**

Below is a list of things you may want to pack for our work trip to E St Louis. Word on what type of tools we will need is yet to come; we will let you know as soon as we hear. We will also have time for reflection and fellowship as a group each evening, so bring along whatever will help you make the most of this great opportunity to help others.

SUGGESTED PACK LIST:

Safety Glasses – you absolutely need eye protection. Regular eyeglasses do not count.

Sturdy work footwear – closed toe, more substantial than gym shoes

Long pants

Dust mask

Work Gloves

Hat

Knee pads

Water Bottle

Rain poncho and footwear

Inexpensive Digital Camera

Extra glasses/contacts

Sun screen and lip balm

Change of clothes for relaxing after the work day

Swim Suit (hotel has an indoor pool)

Personal Hygiene items / toiletries

Prescription Medications and a copy of the prescription

Personal devotional materials or journal

Basic Tools (these will probably be helpful no matter what we're doing):

Safety Glasses – did I mention these are a must-have item?

Hammer

Screwdriver with slotted and Philips bits

Utility knife

Pencils/markers

Measuring tape

NOTES ON PACKING

1. Leave expensive jewelry or electronics at home – you won't need them.
2. Fewer bags are easier to pack and move. One small packing bag / suit case to leave in the hotel, and another you can easily carry on your person for daytime items should be adequate.
3. People almost never pack too little, and almost always pack too much.